

***Welcome to Mount Vernon
First Christian Reformed Church!
Pastor John Knoester
Sept. 11, 2022 Morning Service – 10:30 AM***

***Please stand in body or in spirit**

*“My soul finds rest in God alone,
my rock and my salvation;”*

Prelude

Welcome

* Opening Hymn of Praise: LUYH #43 v. 1-3
“Guide Me, O My Great Redeemer”

1. Guide me, O my great Redeemer,
pilgrim through this barren land;
I am weak, but you are mighty;
hold me with your powerful hand.
Bread of heaven, bread of heaven,
feed me now and evermore,
feed me now and evermore.

2. Open now the crystal fountain,
where the healing waters flow.
Let the fire and cloudy pillar
lead me all my journey through.
Strong Deliverer, strong Deliverer,
ever be my strength and shield,
ever be my strength and shield.

3. When I tread the verge of Jordan,
bid my anxious fears subside.
Death of death, and hell’s destruction,
land me safe on Canaan’s side.
Songs of praises, songs of praises
I will ever sing to you,
I will ever sing to you.

Words: William Williams, 1745; st. 1 tr. Peter Williams, 1771, alt; st. 2-3 tr.
William Williams, 1772, alt., P.D.; Music: John Hughes, 1907, P.D.; CCLI# 678905

* Call to Worship (Based on Psalm 62)

Leader: My soul finds rest in God alone;
my salvation comes from him.

**People: He alone is my rock and my salvation;
He is more fortress, I will never be shaken.**

Leader: Find rest, O my soul, in God alone;
my hope comes from him.

**People: He alone is my rock and my salvation;
He is more fortress, I will not be shaken.**

* Song of Praise: "Come and Rejoice" v. 1-3

1. Come with rejoicing, the Father is calling,
those who would worship in spirit and truth;
Come with your singing, come with thanksgiving,
Jesus our Savior, has made all things new.

Chorus

*Come and rejoice, O holy nation,
come and sing praises to Him;
Come and bow down, worship before Him,
Jesus, the King of all kings, Jesus, the King of all kings.*

2. The Lord of creation is full of compassion,
seated in splendor adorned with all grace;
majestic and glorious, reigning victorious,
now and forever enthroned on our praise.

Chorus

3. With the sound of the trumpet he summons the
nations,
calling a priesthood to go in His name;
to show forth His power to this generation,
to worship before Him, a kingdom of praise.

Chorus

"Come and Rejoice" Don Moen / Gerrit Gustafson; © 1989 Integrity's
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* God's Greeting/We Greet Each Other

*"A fortress strong against my foes,
and I will not be shaken."*

Announcements

We Welcome New Members to our Church Family –
Adam and Katie Faber family

Call to Confession

Prayer of Confession

Words of Assurance:

God's Will for our Lives (Based on Philippians 4:4-9)

Rejoice in the Lord always; again I will say, Rejoice.

Let your gentleness be known to everyone. The Lord is near.

Do not worry about anything, but in everything by prayer
and supplication with thanksgiving

let your requests be made known to God.

And the peace of God, which surpasses all understanding,
will guard your hearts and your minds in Christ Jesus.

Finally, beloved, whatever is true, whatever is honorable,
whatever is just, whatever is pure, whatever is pleasing,
whatever is commendable, if there is any excellence
and if there is anything worthy of praise,
think about these things.

Keep on doing the things that you have learned
and received and heard and seen in me,
and the God of peace will be with you.

—Philippians 4:4-9, NRSV

Song of Thanksgiving: *"His Mercy is More" v. 1-3*

1. What love could remember no wrongs we have done
Omniscient all knowing He counts not their sum
Thrown into a sea without bottom or shore
Our sins they are many His mercy is more
2. What patience would wait as we constantly roam
What Father so tender is calling us home
He welcomes the weakest the vilest the poor
Our sins they are many His mercy is more

3. What riches of kindness He lavished on us
His blood was the payment His life was the cost
We stood 'neath a debt we could never afford
Our sins they are many His mercy is more

Chorus

*Praise the Lord His mercy is more
Stronger than darkness new every morn
Our sins they are many His mercy is more*

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Offering: General Fund

Offertory Video: Sabbath – The Bible Project

*(Following the offertory video the children are invited forward
for the Children's Message)*

Children's Message – Mrs. Marjo Rouw

*(Following the Children's Message children ages 3-3rd grade
are dismissed for Children and Worship)*

* Song of Preparation: LUYH #123 v. 1-4

"Come to Me, O Weary Traveler"

1. Come to me, O weary traveler;
come to me with your distress;
come to me, you heavy burdened;
come to me and find your rest.
2. Do not fear, my yoke is easy;
do not fear, my burden's light;
do not fear the path before you;
do not run from me in fright.
3. Take my yoke and leave your troubles;
take my yoke and come with me.
Take my yoke, I am beside you;
take and learn humility.

4. Rest in me, O weary traveler;
rest in me and do not fear.
Rest in me, my heart is gentle;
rest and cast away your care.

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“O praise him, hallelujah, my delight and my reward;”

Scripture Readings: Exodus 20:8-11, Mark 2:23-27, Hebrews 4:9-11,

Prayer of Illumination

Message: ***“The Tender Commandments – Celebrating the Sabbath”***

Time of Prayer

* Song of Application: LUYH #370 v. 1-3 *“My Soul Finds Rest”*

1. My soul finds rest in God alone,
my rock and my salvation;
a fortress strong against my foes,
and I will not be shaken.
Though lips may bless and hearts may curse,
and lies like arrows pierce me,
I'll fix my heart on righteousness;
I'll look to him who hears me.

Refrain

O praise him, hallelujah,
my delight and my reward;
everlasting, never failing,
my Redeemer, my God.

2. Find rest, my soul, in God alone
amid the world's temptations;
when evil seeks to take a hold,
I'll cling to my salvation.
Though riches come and riches go,
don't set your heart upon them;
the fields of hope in which I sow
are harvested in heaven.

Refrain

3. I'll set my gaze on God alone
and trust in him completely;
with every day pour out my soul,
and he will prove his mercy.
Though life is but a fleeting breath,
a sigh too brief to measure,
my King has crushed the curse of death,
and I am his forever.

Refrain

Words and Music: Psalm 62:1-2, 4-8, 10, 12; Galatians 3:13, Aaron Keyes, Stuart Townend © 2008 ThankYou Music (PRS), admin. worldwide at EMICMGPublishing.com (excl. Europe admin. by Kingswaysongs) CCLI #678905

"Everlasting, never failing, my Redeemer, my God."

- * We Confess our Faith: Heidelberg Catechism Q&A 104

Leader: Q. What is God's will for you
in the fourth commandment?

People: **A. First, that the gospel ministry and education
for it be maintained,
and that, especially on the festive day of rest,
I regularly attend the assembly of God's people
to learn what God's Word teaches,
to participate in the sacraments,
to pray to God publicly,
and to bring Christian offerings for the poor.**

**Second, that every day of my life I rest
from evil ways,
Let the Lord work in me through his Spirit,
and so begin already in this life
the eternal Sabbath.**

- * God's Blessing

- * Parting Praise: LUYH #378 v. 1-4 *"Lord of All Hopefulness"*

1. Lord of all hopefulness, Lord of all joy,
whose trust, ever childlike, no cares could destroy:
be there at our waking, and give us, we pray,
your bliss in our hearts, Lord, at the break of the day.

2. Lord of all eagerness, Lord of all faith,
whose strong hands were skilled at the plane
and the lathe:
be there at our labors, and give us, we pray,
your strength in our hearts, Lord, at the noon of the day.

3. Lord of all kindness, Lord of all grace,
your hands swift to welcome, your arms to embrace:
be there at our homing, and give us, we pray,
your love in our hearts, Lord, at the eve of the day.

4. Lord of all gentleness, Lord of all calm,
whose voice is contentment, whose presence is balm:
be there at our sleeping, and give us, we pray,
your peace in our hearts, Lord, at the end of the day.

Words: Jan Struther (1901-1953) from Enlarged Songs of Praise, 1931, used by permission of Oxford University Press; Music: Irish; harm. Hymnal, 1982 ©Church Pension Group/Church Publishing, Inc.; OneLicense.net License #A-711218

*Postlude

Welcome! We invite all of you to praise God with hearts and hands and voices. Let us be mindful of the wonders God has given us. Come rejoice in God and together sing praises to His name. Reach out in warmth to all who have gathered in the house of the Lord. After joining us in worship, join us in the fellowship hall next to the sanctuary for a cup of coffee or juice and continued fellowship.

Tech Team	Today 9/11	Next week 9/18
Sound:	Tim H.	Henry H.
Projection:	Hannah VH	Tim H.
Video	Brandon S.	Tim H.
Offering:	General Fund	General Fund

First CRC

Bulletin Announcements

September 11, 2022

OUR CHURCH FAMILY:

On Sunday, September 18 we have the privilege of welcoming our former **Pastor Michael Kooy** back to Mount Vernon. May God bless him as he proclaims God's Word to us!

In Search of...Instrumentalists! On September 18 we will be commissioning our Educational Leaders in church for a new season of learning and are planning several songs with instrument accompaniment. If you are interested in tooting your own horn, please let **Henry or Pam Van Zanten** know as soon as possible so they can get music to you. **Rehearsal** will be promptly at **9am** on the morning of the 18th.

ATTENTION SINGERS: September 25 will be our first choir practice! We meet in the front pews of church on the piano side! Timing is a bit flexible so enjoy visiting over a cup of coffee after the service in the social hall, then come on over! Contact Joni Beezhold (425-248-0287) if you have any questions! "Come, let us sing for joy to the LORD; let us shout aloud to the Rock of our salvation." Psalm 95:1

Welcome Baby Basket: Luke and Bailey Visser are expecting a baby boy in just a few weeks! There is a basket in the annex ready to be filled with gifts for him. Join in on the fun of welcoming and celebrating the newest addition to our church family!



Attention women of all ages: Women's Bible study starting soon!

“Imagine walking the dusty roads of Galilee with Jesus of Nazareth-braving jostling crowds just to touch the edge of His cloak and hear Him say, "Take heart, daughter, your faith has healed you." Those words, once meant to comfort a hurting woman's soul thousands of years ago, were also meant for you.”

Join us for this 7 week Bible study entitled **“Jesus and Women”**, by author Kristi McLelland, as she transports us back to Jesus' world, stepping into the footsteps of the women who came face to face with the living God. This Bible study is a great way to get to know other ladies in the church better, as we also feast on God's Word in a fresh way together. Feel free to invite friends or neighbors too!

We will meet the **second and fourth Sundays at 6:30pm, starting September 25**. Location still to be determined. Transportation can be provided upon request. To sign up please contact Jill Rouw (360-333-2600, mjrouw@comcast.net) or the church office.

There will also be a sign-up sheet in the foyer after service. Deadline to sign-up is Sept. 18. We would love to have you join us!

Worship Service YouTube Links:

September 4: <https://youtu.be/xmkv6MZE1tg>

First CRC offers the option to give your offerings online, including setting up automatic and reoccurring donations. For information on this and other ways to give please check the “Give” page on the church's website: https://firstcrcmv.com/?page_id=1509

Beth will be out of the office from Sept. 9th-the 20th. Sylvia Van Zanten will be graciously filling in for her.

If you have Bulletin Announcements or Prayer Guide items, please call or email Sylvia at the church office. Thank you!

Dear Friends in Christ,

Throughout this past year, your elders have been reading through a book entitled *“The Tender Commandments”* by Ron Mehl. I think it's fair to say that one of the most misunderstood passages in all of Scripture is

that of the Ten Commandments. Many people in our world today view these commandments as a restrictive list of 'don'ts' rather than a love message from God!

In the weeks to come we're going to take a closer look at each of the commandments. Many of the illustrations I will be using will come directly from Mehl's book. In addition, I'll also make use of the Heidelberg Catechism which does an excellent job of summarizing the heart of each command. May God bless us as we make our way together through this important part of His Word!

In His Grace, Pastor John

1. Aug. 7 AM – *“Introduction to the Ten(der) Commandments”*
2. Aug. 14 AM – *“The Only God”*
3. Aug. 21 AM – *“The Pursuit of Empty Images”*
4. Sept. 4 AM – *“Honoring God’s Holy Name”*
5. Sept. 11 AM – *“Celebrating the Sabbath”*
6. Sept. 25 AM – *“Honoring Those in Authority Over Us”*
7. Oct. 2 AM – *“Loving Our Neighbor”*
8. Oct. 9 AM – *“Fencing Our Marriage”*
9. Oct. 16 AM – *“What About Stealing?”*
10. Oct. 23 AM – *“Taming Our Tongues”*
11. Oct. 30 AM – *“True Contentment”*

CALENDAR:

Greeters: This morning - Greg & Tish Ackermann; Next week – Randy & Peggy Burr

Coffee Hosts: This morning – Keith & Jean Rasmussen; Next week – Mardick & Jill Stevens

Worship Team: This Morning – Eliot B., Heidi B., Kayla & Ella VH

Next Week – Henry VZ, Stan B., Julie S., Adriana & Tessa S.

Upcoming Dates to Note:

Instrumental Rehearsal: Before service practice September 18 at 9am sharp!

Crop Walk – September 18 at 2:00pm

Weds., Sept. 21, 6:30 pm: Gems Ice Cream Social/Registration Night.

Sun., Sept. 25 – Choir Rehearsal following the service

Men’s Bible Study: Tuesday, September 27 at 7:00 am at Shari’s Restaurant

RECOMMENDED ANNOUNCEMENTS:

Food shortages are projected to be worse than any time in recent history due to the blockage of Ukraine grain. The 3.4-mile Skagit **CROP Hunger Walk** will take place NEXT Sunday, Sept 18, 2:00 PM beginning at the Mount Vernon Christian School on Blackburn. 75% of the funds raised go to the poorest 25



countries, and 25% goes to our local food banks and Friendship House. Our first motivation is to raise funds and a great bonus is that the church of Jesus can have a positive witness in this community. **We've dreamed of all the churches turning out but it has never happened.** To join the walk, visit crophungerwalk.org and search for Skagit and register there. Find your church team. If you don't see your church team, go ahead and make one. Find us also on Facebook: Skagit Crop Hunger

Liberty Gospel Quartet will be in concert at Faith Community Church, 586 Birch Bay - Lynden Rd, Lynden, Wa. 98264, on Saturday, October 15, 2022 at 6:00pm (doors open 5:00pm) Free Admission/Freewill Offering. Come early for some great gospel singing with Sunrise Gospel Quartet. Refreshments following the concert. Bring the most first-time guests and receive a free CD. For more info call Mary Ann at 360-224-4815. Hope to see you there!

CRC COMMUNICATIONS:

Family Fire - Family Fire is an online community exploring Spirit-led family, marriage, parenting, in-laws, blended families, and intimacy. Find encouraging articles and devotions at familyfire.com. Subscribe for regular email updates and connect with our Family Fire community on Facebook.

Thinking Good Things - Check out the kids' devotion at www.kidscorner.net. Today's verse encourages us to think about what is true, pure, right, holy, friendly, and proper. We need to think about ourselves this way too! Listen now at kidscorner.net and check out all the new content.

The Lord's Prayer: Jesus Teaches Us How to Pray - Prayer is an important spiritual discipline. It is simple and yet many of us find it challenging to

pray. Join Groundwork as we study Jesus' teaching on prayer in Matthew 6:5-14 and 7:7-12 to learn more about how to pray and what to pray so that we develop a healthy spiritual habit that cultivates a relationship and strong communication with our God. Listen now at GroundworkOnline.com and subscribe to Groundwork's weekly emails for future episodes.

Tour the Biblical Lands of Israel - March 6 – March 17, 2023. Experience a refreshing renewal of your faith, and gain a deeper understanding of the Bible, as you tour the biblical lands with teaching host, Pastor Peter Tuininga, and Sindbad Tours of Israel. See many of the biblical places (Jerusalem, Galilee, Caesarea, Jericho, and much more), and gain spiritual and historical insights which will make the Bible come alive for you. For complete information, cost, and registration, go to toursofisrael.wordpress.com or call Peter Tuininga: 1 289 877 8433 or e-mail: peter.tuininga@gmail.com

At-home Faith Formation Tip - At-home Faith Formation Tip: It's Grandparents' Day today! Invite the Christian grandparents in your life (both official and honorary) to share stories of how God has worked in their lives. Making space for these stories honors the elders in your family and encourages younger family members in their walk with Jesus. (Tip from Faith Formation; bit.ly/CRCFaithFormation)

Calvin University Inauguration - Calvin University will inaugurate its 12th president on Wednesday, Oct. 26, 2022. We invite you to join in person or watch online as we welcome Dr. Wiebe Boer and celebrate the legacy and future of Calvin. The ceremony will take place at 4:00pm Eastern in the Van Noord Arena (Calvin's campus, Grand Rapids, Michigan, USA). Watch calvin.edu/go/inauguration for information and events leading up to the Inauguration.

Travel with Calvin University - Join Prof. Gerry Van Kooten for a "volcanoes in the sun" tour of Hawaii's Big Island and Kauai in February 2023. On this tour you'll hike in Volcanoes National Park, visit Waimea Canyon, tour a coffee production company, and stop at Pearl Harbor. See calvin.edu/go/travel for details.

Calvin University School of Business - You are cordially invited to attend (virtually or in person!) the dedication and ribbon cutting for the new Calvin University School of Business on September 14, 2022, from 5– 7:30 PM. Visit calvin.edu/go/dedication to learn more, register, or find a livestream link.

Mission Emphasis Week Begins! (for churches taking an offering for Resonate) - Thank you for your offering to support God's mission through Resonate! As you celebrate missions, Resonate has developed a special devotional to take you from Sunday to Sunday and discover where the Spirit is at work in your life. Good for groups or individual devotions! You can find this devotion and other resources at www.resonateglobalmission.org/missionemphasis

Mission Emphasis Week Begins! (- You have a role to play on God's mission! As our denomination celebrates Mission Emphasis Week, Resonate has developed a special devotional to take you from Sunday to Sunday and discover where the Spirit is at work in your life. Good for groups or individual devotions! You can find this devotion and other resources at www.resonateglobalmission.org/missionemphasis



People to be remembered with prayers, cards, letters & words of encouragement.

Email the office at

secretary@firstcrmv.com or call the church office at (336-2405) by 9:00 am

Thursday of each week with your prayer items.

NEW REQUESTS:

Please keep **Randy and Peggy Burr** in your prayers. Randy was taken to the ER Tuesday and later admitted to the hospital with a rather severe lung infection. He is currently on some strong antibiotics and is recovering. If all goes well he hopes to return home on Friday. However, in the meantime, please pray that the antibiotics are effective and that Randy is able to get plenty of rest. Pray too for Peggy and the rest of the Burr family as they anxiously await his full recovery.

CONTINUING REQUESTS:

Please continue to pray for **Kevin Wigboldy** as he recovers from his stem cell transplant.

Please continue to pray for **Michael Hendricks** as he recovers from his heart surgery.

Continue to pray for **Shirley Boonstra, Maxine Greidanus** and **Adelaida Vega** as they continue to fight their cancer.

SHUT INS: *Nell Annema* and *Marion Ekkelkamp* at Birchview Memory Care in Sedro-Woolley; *Marcella DeVries* at Bethany Lutheran in Everett, *Marjean DeGroot* at Mountain Glen in Mount Vernon; *Mary Koopmans* at Where the Heart is in Burlington; *Hans & Aileen Meishke* at Kenmore Living in Kenmore, WA, *Adrianna Swanson*, and *Clarence Vander Griend* at Home Place in Burlington; *Sally Reehoorn* at Creekside in Burlington; *Bev Van Slageren* at family in Grandview, WA.

OTHER REQUESTS: (CRC Communications)

Monday September 5 - *Ecumenical and Interfaith Relations: Shared hope*

Pray for unity among Christians in every denomination as we work together in God's kingdom and share one hope in Jesus as our Savior and Lord.

Tuesday September 6 - *Calvin Theological Seminary: New academic year*

As we start a new year, we rejoice in the enrollment of new students from North America and around the world. Pray with us for the transitions of new and returning students as they apply themselves to learning in the year ahead.

Wednesday September 7 - *Resonate: Cambodia*

Resonate missionaries Navy and Ly work with churches and pastors in Cambodia. They ask for prayers for "God's direction for the local church to carry out their ministry in their area and beyond."

Thursday September 8 - *World Renew: West Africa*

Senegal's elections this past month were peaceful, and the president's political party no longer holds the majority in parliament. Please continue to pray for peace and stability for the many areas experiencing violence and insecurity across West Africa.

Friday September 9 - *ReFrame: India*

Pray for people who feel too overwhelmed and busy to set aside time for God. Brijesh, a man in India, had felt that way before watching Jeevan Vriksh ("Tree of Life") devotions, praise songs, and other biblical resources provided by our Hindi ministry team. Pray that Brijesh and others like him will continue to seek God despite the overwhelming busyness in their lives.

Saturday September 10 - *Pastor Church Resources: Church leadership*

Approximately 10 percent of CRC churches are without a pastor. These vacancies can bring a number of opportunities and/or challenges. Ask God to guide vacant churches and their councils as they seek what's next in their journey. May it be a time of discernment, reflection, and hope.

Sunday September 11 - *Resonate: Mission Emphasis Week*

This week, many CRC congregations set aside time to celebrate mission.

Ask the Holy Spirit for wisdom and guidance as Resonate and congregations work together to spread the gospel throughout the world and in local neighborhoods.