

God's Word Gives Our Lives Direction



701 West Blackburn Road  
Mount Vernon, WA 98273

360-336-2405

[www.firstcrcmv.com](http://www.firstcrcmv.com)

Pastor John Knoester

Worship Services  
10:30 AM & 6:30 PM

Church School: 9:30 AM  
September—May

A large, dark gray diamond shape is centered on a background of a beach and ocean. Inside the diamond, the words "SUMMER", "IN THE", and "PSALMS" are written in a serif font, stacked vertically. "IN THE" is smaller and positioned between "SUMMER" and "PSALMS". Horizontal lines are placed on either side of "IN THE".

SUMMER  
— IN THE —  
PSALMS

*Psalm 121*

**June 21, 2020**

The Loop System is provided for those using hearing devices by using the telephone mode on your device. This is available beginning in row 5 on either side of the sanctuary.

# ***Welcome to First Christian Reformed Church!***

***Pastor John Knoester***

***June 21, 2020***

\* Please stand in body or in spirit.

*"I lift my eyes up unto the mountains"*

Prelude

Welcome / Announcements

The Story Behind "The Heart of Worship"

Sung Call to Worship: *"The Heart of Worship"*

\* God's Greeting

*"Where does my help come from?"*

Call to Confession: (Based on Psalm 139:23-24)

The psalmist models a transparent faith with these words:

*Search me, O God, and know my heart;*

*test me and know my thoughts.*

*See if there is any wicked way in me,*

*and lead me in the way everlasting.* We express our longing for God's leading by our own transparent confession.

Prayer of Confession

Words of Assurance: (Based on I Timothy 1:15 & Mat. 6:25-27)

<sup>15</sup>Hear the good news: This saying is sure and worthy of full acceptance, that Christ Jesus came into the world to save sinners. He himself bore our sins in his body on the cross, that we might be dead to sin, and alive to all that is good.

<sup>25</sup> "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear.

Is not life more than food, and the body more than clothes?

<sup>26</sup> Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them.

Are you not much more valuable than they? <sup>27</sup> Can any one of you by worrying add a single hour to your life?

## God's Will for our Lives: The Ten Commandments

We respond to God's forgiveness by living our thanks according to God's Word. Hear now God's will for our lives: God spoke all these words: "I am the LORD your God. You shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them. You shall not make wrongful use of the name of the LORD your God. Remember the sabbath day, and keep it holy. Honor your father and your mother. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or anything that belongs to your neighbor."

—from Exodus 20:1-17, NRSV

Ministry of Music: *"His Eye is on the Sparrow"*

*"My help comes from you, Maker of Heaven"*

Introduction to our Summer in the Psalms

\* Scripture Reading: Psalm 121

\* Prayer of Illumination

Message: ***"He Who Watches Over You"***

Time of Prayer

Ministry of Music: *"I Lift My Eyes Up"*

*"Creator of the earth."*

We Celebrate Communion Together

## Our Need and Longing for God's Grace

### Summary of the Scriptural Teaching

### Invitation

### Welcome and Instructions

### Prayer of Thanksgiving

#### \* We Profess our Faith: Heidelberg Catechism Q&A 1

Pastor John            Q. What is your only comfort in life and in death?

Leader 1            A. That I am not my own,<sup>1</sup> but belong—body and soul, in life and in death<sup>2</sup>—to my faithful Savior, Jesus Christ.<sup>3</sup>

Leader 2            He has fully paid for all my sins with his precious blood,<sup>4</sup> and has set me free from the tyranny of the devil.<sup>5</sup> He also watches over me in such a way<sup>6</sup> that not a hair can fall from my head without the will of my Father in heaven;<sup>7</sup> in fact, all things must work together for my salvation.<sup>8</sup>

Leader 1            Because I belong to him, Christ, by his Holy Spirit, assures me of eternal life<sup>9</sup> and makes me wholeheartedly willing and ready from now on to live for him.<sup>10</sup>

#### \* Parting Blessing

#### \* Prelude

**Welcome!** Jesus said, "I am the Bread of Life." Our Savior invites us to His table, a table of love that has been prepared for us. Jesus, Our Savior, lived, died and lives again for each one of us. Let us worship our God today and praise Him for His love.

**Summer in the Psalms** – The book of Psalms is often referred to as the hymnal of God’s people. The psalms express the emotion of God’s people as they praise, lament, or express their gratitude to Him accordingly. Many of us have grown up not only singing the Psalms, but also praying them.

The following is a list of some of the favorite Psalms of various members of our own church family. Throughout the summer months we’re going to spend some time reflecting and meditating on these beloved hymns of faith. As we embark on this journey together my prayer is that God will use the Psalms to illuminate His greatness, affirm His faithfulness to us in troubled times, and remind us of the hope we have in Jesus Christ.

In His Grace,  
- Pastor John Knoester

June 21 – Psalm 121

June 28 – Psalm 1

July 5 - Psalm 91

July 12 - Psalm 8

July 19 – Psalm 119

July 26 – Psalm 14

Aug. 2 – Psalm 51

Aug. 9 – Psalm 27

Aug. 16 – Psalm 42

Aug. 23 – Psalm 62

Aug. 30 – Psalm 150

Sept. 6 – Psalm 46

Sept. 13 – Psalm 23

As we transition back to meeting in person, many of our announcements will continue to be sent via email. You can expect to receive the coming week’s announcements to appear in your inbox each Friday. This will act as a reminder to those who are scheduled to serve in various ways each Sunday. This also gives us the opportunity to be better stewards of our office supplies and paper consumption. For those of you who would prefer a hard copy of the announcements, a limited number will be available from an elder as you walk into church. **Call the church office or e-mail: [secretary@firstcrmv.com](mailto:secretary@firstcrmv.com) by Thursday of each week with your announcement items.**

## **NEW ANNOUNCEMENTS**

**Update from the deacons** – The deacons would like to thank all of you for your continuing support of the church during this trying time. With the church services starting again this Sunday June 21, the deacons have put offering plates by each exit. If you rather you can still mail in your offerings to the church or place them in the church mailbox by the secretary's office or the deacon mailbox #1. If you have any questions or comments please contact one of the deacons. May God bless each of you during this time.

Be safe,  
the deacons

**Celebrating 99 years of life! (A message from Bill and Bertha Paul)** – The Lord willing, our mom **Wilma Paul** will turn 99 years young on July 5. We would appreciate prayer for her as we try to find alternative ways to celebrate that "with" her, safely, from a distance. Also, we think she would love cards since it is very hard for her to hear on the phone and she may hang up on you! For those who know her, her mailing address is:

c/o Life Care Center  
1462 W. SR 20, Room 111A  
Sedro Woolley, WA 98284

**Friendship House Update** – As of now, there are no plans to return to our normal serving practice. Please continue to pray for the ministry of Friendship House and support them monetarily. If you would like to donate you can send a check to the deacons. Make the check out to First CRC MV and put Friendship House on the memo line.

<i>Today</i>	
Sound:	Tim Hibma
Video:	Kendall Van Zanten
Projection:	Devin Van Zanten
Offering:	General Fund

# sermon notes:

Who is  
Speaking?

Where in  
the Bible?

Book:

Chapter:

Verse:

Who is  
the passage  
talking about?

What  
happened?

my  
favorite  
song was:

here  
you  
**draw**  
something:

Date:

I learned:

I didn't  
understand:

Words  
I don't know

# First CRC Announcements

*Sunday, June 21, 2020*

As we transition back to meeting in person, many of our announcements will continue to be sent via email. You can expect to receive the coming week's announcements to appear in your inbox each Friday. This will act as a reminder to those who are scheduled to serve in various ways each Sunday. This also gives us the opportunity to be better stewards of our office supplies and paper consumption. For those of you who would prefer a hard copy of the announcements, a limited number will be available from an elder as you walk into church.

**Call the church office or e-mail: [secretary@firstcrcmv.com](mailto:secretary@firstcrcmv.com) by Thursday of each week with your announcement items.**

## **OUR CHURCH FAMILY**

***Update from the deacons*** – The deacons would like to thank all of you for your continuing support of the church during this trying time. With the church services starting again this Sunday June 21, the deacons have put offering plates by each exit. If you rather you can still mail in your offerings to the church or place them in the church mailbox by the secretary's office or the deacon mailbox #1. If you have any questions or comments please contact one of the deacons. May God bless each of you during this time.

Be safe,  
the deacons

***Celebrating 99 years of life! (A message from Bill and Bertha Paul)*** – The Lord willing, our mom ***Wilma Paul*** will turn 99 years young on July 5. We would appreciate prayer for her as we try to find alternative ways to celebrate that "with" her, safely, from a distance. Also, we think she would love cards since it is very hard for her to hear on the phone and she may hang up on you! For those who know her, her mailing address is:

c/o Life Care Center  
1462 W. SR 20, Room 111A  
Sedro Woolley, WA 98284



**Friendship House Update** – As of now, there are no plans to return to our normal serving practice. Please continue to pray for the ministry of Friendship House and support them monetarily. If you would like to donate you can send a check to the deacons. Make the check out to First CRC MV and put Friendship House on the memo line.

**Congregational Meeting Reminder/Small Correction** – By now, all Congregational Meeting Packets should have been picked up or delivered by mail. Please let Angela know if you did not receive one. A friendly reminder that our annual congregational meeting is scheduled for **Monday, June 22 at 7 PM**. There is a need for one small correction to some of the wording on absentee ballot that was included in your packets. The ballot currently states that we will need to draw two names for both the offices of elder and deacon. However, the **correct number of names that needs to be drawn is two for the office of elder and one for the office of deacon**.

**SBA Payroll Protection Program (PPP)** – The church applied for and received a PPP loan through our existing banking relationship with Banner Bank. This loan program was designed by the Federal Government to support small businesses and non-profits through the pandemic. The ultimate design of the program is that the loan will be forgiven if it is used to meet payroll obligations over the next 8 weeks. As a Council we expect to meet the conditions and have our loan forgiven at the end of the 8 weeks. If you have any questions regarding the PPP loan, please contact Tim Van Hofwegen at 360-941-4967.

**Missionary News** –

Resonate Global Mission update – <https://preview.mailerlite.com/o9f7z5/1445657060816458001/r1y8/>

Update from Naji & Anne – <https://mailchi.mp/248c866c0c41/naji-anne-in-egyptseptembernews-and-prayers-12525669?e=4417644bbd>

### **REQUESTED ANNOUNCEMENTS**

**"Walk the Grounds"** is an event being hosted by Cedar Springs Christian Retreat Center through the summer for individuals, couples, and family units (no pets please) to come and enjoy our 8 acres of gardens and 4 miles of hiking trails while observing appropriate social distancing. Check our [Facebook page](#) on Tuesday nights at 7pm for the date for the coming week!

***A Request from Pregnancy Choices*** – First, we would like to thank you for your continued support of the ministry of Pregnancy Choices. We are grateful and encouraged by what the LORD is doing in our community through your prayers and support! In recent weeks we have seen an increase in the number of women the LORD is bringing to the clinic to participate in our Thriving Heart Program which continues to provide parenting classes and mentoring services. Additionally, there are other women in our community who are facing financial strain and need help with basic needs such as diapers, wipes, and other supplies. It is our desire to be a resource for them and to have these supplies on-hand when they come to us. We are encouraged every week as the LORD provides, allowing us to meet the needs of these women and families. Please see the list below and consider how you might be able to help.

Diapers: sizes 3, 4, 5, & 6

Wipes

Paper Towels

Toilet Paper

Bottled Water

Receiving Blankets

For your convenience, you can order some of these items online and have them delivered to our clinic location at:

617 W. Division

Mount Vernon, WA.

98273

### **ORGANIZATIONS WE SUPPORT**

***GROUNDWORK: IS GOD PUNISHING ME?*** - During times of suffering we long to know why and seek biblical explanations for our experiences. Join Groundwork in studying Job 4-8 to examine and test against scripture our most common questions as we try to explain and understand experiences of suffering. Listen now at [GroundworkOnline.com](http://GroundworkOnline.com) and subscribe to Groundwork's weekly emails for future episodes.

**Hollywood** - Check out our children's programs at [www.kidscorner.net](http://www.kidscorner.net). In this week's episode, "Hollywood," at the school play auditions, Liz acts like he's the star of the show! Will Hollywood Liz have everyone standing in applause or will he bring down the house? Listen now at [kidscorner.net](http://kidscorner.net) and subscribe to KC's weekly emails for future episodes. Download the Kid Corner puzzle and game giveaway Summer Fun Bible Activity Book. <https://kidscorner.net/activities>

**Seeking God in Suffering** - "Seeking God in Suffering" is a four-week, inspirational devotional series from Today. How do we respond when faced with difficulties? Let stories of grief, healing, and community inspire you to seek God in trials. Subscribe at [todaydevotional.com/seekinggod](http://todaydevotional.com/seekinggod).

**Disability Concerns Leadership Training Event 2020** - Join us August 5th and 6th for our annual leadership training event. This year we will be hosting it online! The theme for our conference this year is agility. To find out more about the event, and to register please visit <https://network.crcna.org/disability-concerns/save-date-disability-concerns-annual-conference>.

### **PRAYER REQUESTS**

**People to be remembered with prayers, cards, letters & words of encouragement. Call the church office at (336-2405) or e-mail: [secretary@firstcrcmv.com](mailto:secretary@firstcrcmv.com) by Thursday of each week with your prayer items.**

#### **PRAISE:**

**June Anniversaries** – We are so thankful for every year of marriage celebrated, but in our prayer guide we recognize every 5<sup>th</sup> year from year 25-50 and then each year after.

**Nick & Kristi Hilsinger** will celebrate 25 years on June 24.

**Dennis & Melba De Kok** will celebrate 52 years on June 28.

### **CONTINUING REQUESTS:**

Continue to pray for **Ryanne Vander Pol** as she continues with her IV therapy and some radiation treatments.

#### **SHUT INS:**

**Nell Annema** at Birchview Memory Care in Sedro-Woolley; **Mary Koopmans** at Where the Heart Is in Burlington; **Case Lanting** at Olympic Place in Arlington, WA; **Wilma Paul** at Life Care Center in Sedro-Woolley; **Sally Reehoorn** at Creekside in Burlington; **Adrianna Swanson** at Homeplace in Burlington; **Bev Van Slageren** at family in Grandview, WA; **Lona Vander Griend** at Home Place in Burlington.

#### **OTHER REQUESTS:**

**Edmonton Native Healing Centre: (Community)** Pray for continued health and safety for the homeless people in Edmonton, who appear not to have had a COVID-19 case among them yet (as of mid-May). Pray for our staff working to meet community needs daily, and for our mental health counselors working online, by phone, and in person. Please pray also for success with funding requests we have submitted for aid to help us continue serving the community.

**Resonate Global Mission: (Eastern Europe)** A Resonate missionary in Eastern Europe asks you to pray for fruitful trainings for church planters. Ask God to work through the trainings to mentor and equip more Christian leaders for his kingdom.

**Back to God Ministries International: (Mexico)** A television station in Mexico reached out to our Spanish-language ministry to ask for a special Sunday-service program in light of COVID-19. The video had more than 18,000 viewers in Mexico. Praise God for this opportunity to reach people with God's good news in a time of suffering.

**World Renew: (Uganda and Kenya)** While much of the world focuses on the virus pandemic, East Africa is battling the worst invasion of desert locusts in decades. Pray for wisdom for our staff as they navigate virus-related issues that limit community action and make it difficult to address this threat that is devastating crops in these countries. Ask God to protect the communities affected by this disaster.

**Calvin Theological Seminary: (Planning)** Pray for students, staff, and faculty as we prepare this summer to find the best way forward for the fall semester in the midst of the virus pandemic. Pray for discernment in decision making and planning for all.

**Resonate Global Mission: (Canada)** Pray for Resonate missionaries in British Columbia as they share the gospel with a people group from the Middle East who are from a predominantly Muslim background. Ask the Holy Spirit to open hearts to the truth of Jesus as Lord and Savior!